



**CONTEMPLATIVE OUTREACH
OF
CENTRAL CALIFORNIA
UNITED IN PRAYER DAY**

**Would you like to “come aside and rest awhile”
and be nourished physically and spiritually?**

**Contemplative Outreach of Central California
cordially invites all Fresno Area Centering Prayer
practitioners to the yearly United Day of Prayer for salad potluck
dinner, shared Centering Prayer, fellowship and contemplative
teaching by Fr. Thomas Keating on DVD**

**What: Salad Potluck Dinner, Fellowship, Centering Prayer
Practice and Teaching**

When: Friday, April 15, 2011 -- from 6 to 9 p.m.

**Where: University Presbyterian Church Fireside Room.
1776 E. Roberts Avenue, Fresno, CA 93710**

*Suggested donation \$10. (No one turned away for lack of funds.)
This is an annual international fund raiser for Contemplative Outreach*

**Please pre-register by Wed, April 13th.
with Cathy Wingert -- (559) 434-4257 or wingy104@aol.com
Hope you can join us.**

United in Prayer Day

Friday, April 15, 2011

Schedule

- 6:00 p.m. **Dinner** and Video Presentation
Start on time:
- Play Video**
- . Intro by Gail: 4 min.
 - . Invitation from God: 29 min (Interview with Thomas Keating)
 - . The 5 levels of Consciousness --8 min.
- 6:45 to 7p.m. **Discussion** w/Questions provided (can go over a few minutes if it generates lively discussion.
- 7:00 to 7:20 p.m. **Centering Prayer** (20 minutes) Open with Beverly Chanting
- 7:20 to 7:35 p.m. **Break:** Announcement and/or sign on the welcoming/registration table or schedule for participants: *Contemplative Outreach asks that half of the fee collected be sent to them as an annual fundraiser. We could suggest an optional \$10 donation and explain that it would be sent to the national office. [Shorten break if discussion goes longer than expected]*
- 7:35 to 7:55 p.m. **Centering Prayer** (20 minutes)
- 7:55 to 8:10 p.m. **Video** Selection: The Spiral Staircase (14 min)
- 8:10 to 8:30 p.m. **Discussion** with Questions provided
- 8:30 to 8:50 p.m. **Centering Prayer** (20 minutes) Open with Beverly Chanting
- 8:50 to 9:00 p.m. Closing:
- . Have group offer suggestions for a next gathering.
 - . Contemplative Outreach asks that half of the fee collected be sent to them as an annual fundraiser. We could *suggest*..... and explain that it would be sent to the national office:

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