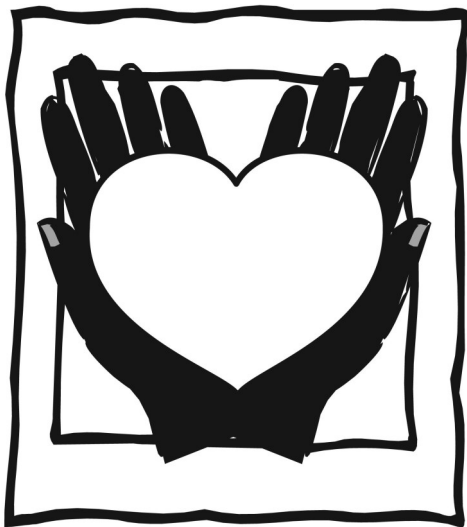


*Silence is often described as the Language of God and the Prayer of the Heart*

# Introduction to Centering Prayer Workshop

**Sept 10th**



Has your spiritual journey led you to a hunger for a deeper experience of God's presence?

Please join us for a morning of instruction and practice of Centering Prayer.

- The introduction includes instruction on the method and practice of Centering Prayer in a one-day, four hour workshop, plus six one-hour follow-up sessions.
- No previous experience required.
- Mid-morning snack.
- Childcare provided.

**Saturday  
September 10, 2011**

**8:30 a.m. to 12:30 p.m.**  
Registration starts at  
7:45 a.m.

*Suggested donation:  
\$10 (No one turned  
away for lack of  
funds.)*

Near Fresno State on Cedar Between Barstow and Bullard

**University  
Presbyterian Church**

1776 E. Roberts Avenue  
Fresno, CA 93710

For questions, information or to register (RSVP), please contact:  
Cathy Wingert, 559-287-0286