



JAN 22-24, 2016
CENTERING PRAYER
NEW YEAR RETREAT

St. Anthony Retreat Center, Three Rivers, CA

Centering Prayer is a time-honored prayer practice that has helped Christians to prepare for the gift of contemplative prayer. An Introductory retreat offers instruction and practice on the method of Centering Prayer and discussion about its conceptual background. We will learn from skilled facilitators, DVD's and small group discussion. Experienced practitioners welcomed. *Come aside and rest in God.*



CONTEMPLATIVE
OUTREACH®

SILENCE
SOLITUDE
SOLIDARITY
SERVICE

**“Be still and know
that I am God.”
--Psalm 46:10**

**Start the New Year by
deepening your prayer
life and nurturing your
relationship
with God.**

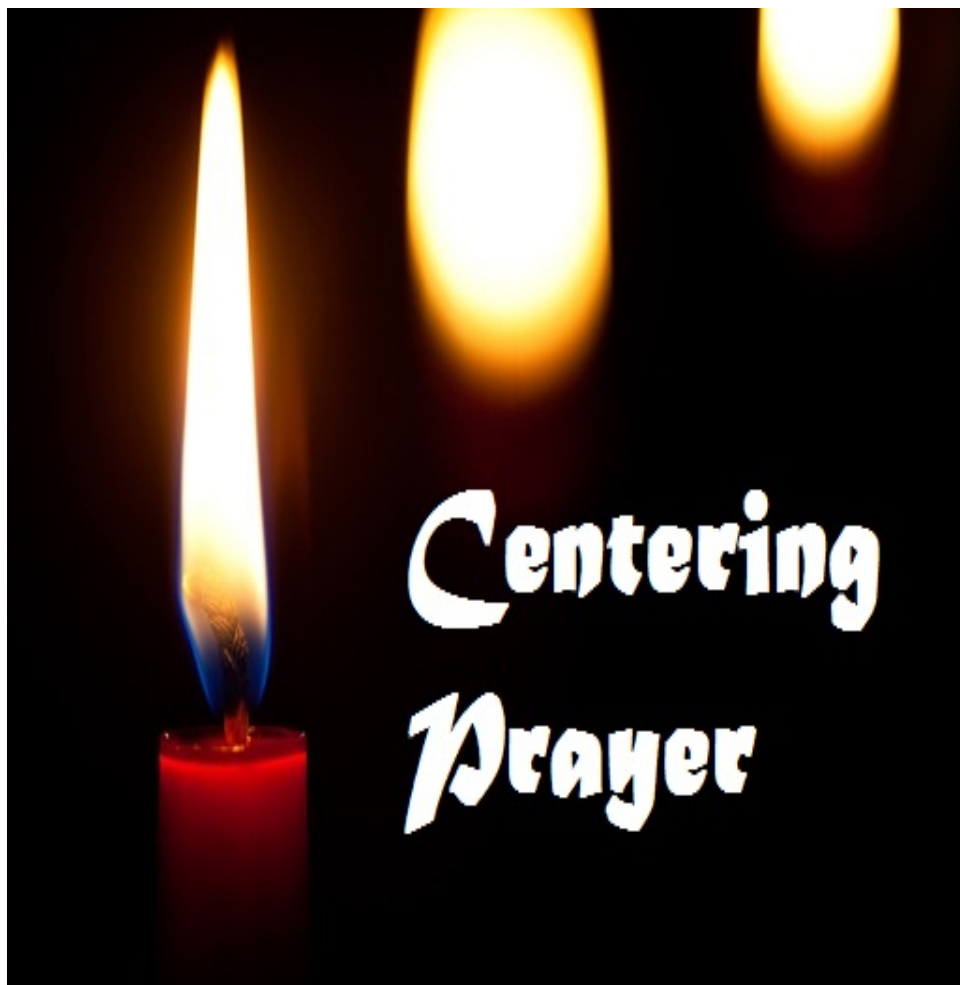
**“Come aside by
yourselves to a
deserted place
and rest a while.”
–Mark 6:31**

**Come aside and
rest in God's presence
in the practice of
Centering Prayer.**

REGISTER NOW

559-230-9736

centeringfriends@gmail.com



CENTERING PRAYER RETREAT

Whether your interest is deepening your relationship with God, relief from the stress of daily life, or learning about contemplative prayer, take some time at the beginning of this New Year to learn and practice Centering Prayer. There will be plenty of time to rest and enjoy the beautiful retreat center. This workshop refreshes the spirit and deepens our commitment to a regular Centering Prayer practice.

Save by registering before Jan 18th. Shared room: \$225. Private Room: \$265. Includes 2 nights lodging & 6 nutritious and delicious meals. \$20 late registration after Jan 18th. Retreat begins Friday, Jan 22 at 6:00 p.m. with dinner and ends Sunday, Jan 24th at 1:00 p.m. after lunch. *Register today to save your space.*



Contemplative Outreach of Central California

Facilitators:

Juan C. Garcia, Ph.D., LMFT, Director of Contemplative Outreach of Central California's Retreat Ministry. Founder and Director of St. Francis Counseling Center, a transformative counseling center in downtown Fresno. Juan has been practicing as a Marriage and Family Therapist for 30 years. Trained as a cultural anthropologist at Stanford University, his teachings explore the psychological and emotional healing of Centering Prayer.

Everardo Pedraza, M.A., M.S., OSB, Cam. Obl. is a Marriage and Family Therapist Intern at St. Francis Counseling Center in Fresno. He serves as Coordinator of Contemplative Outreach of Central California. He received a Master of Arts in Contemplative Christian Spirituality from the Franciscan School of Theology at the Graduate Theological Union in Berkeley where he studied mystical Christian theology and the work of Thomas Merton and Bede Griffiths.

**PLEASE MAKE PAYMENT
PAYABLE TO "COCC" AND
MAIL TO:**

COCC
3325 Roberts Avenue
Clovis, CA 93619

559-230-9736
centeringfriends@gmail.com



Contemplative Outreach of Central California

Centering Prayer New Year Retreat

January 22-24, 2015

St. Anthony Retreat Center, 43816 Sierra Dr. Three Rivers, CA 93271

REGISTER NOW

Please Print Clearly

First Name

Last Name

Please check the type of room you prefer: _____ Shared Room (\$225 per person) or _____ Private Room (\$265 per person)

Late registration fee of \$20.00 applied after January 18, 2016.

If shared, Name of person you plan to share room with: _____

Cell number: _____

Emergency Contact & Number: _____

Home number: _____

Email address: _____

Mailing Address: _____

Dietary Needs? _____

Allergies/Including Food Allergies: _____

Type of Credit Card: _____ VISA _____ Master Card _____ Other _____ (please specify)

Credit Card Number: _____ Expiration Date: _____

3-Digit security code on back of card: _____

Authorized Signature: _____

You may pay by phone with a credit card or make a check payable to "COCC" and mail to:

Contemplative Outreach of Central California

3325 Roberts Avenue

Clovis, CA 93619

559-230-9736

Thank you and we look forward to another great retreat!

