

HOW TO LIVE CONTEMPLATIVELY IN THE MIDST OF OUR HECTIC CHAOTIC LIFE

PRESENTER: MICHAEL FISH, OSB

ANNUAL COMMUTERS RETREAT SPONSORED BY CONTEMPLATIVE OUTREACH OF THE EAST BAY



EXPLORE CORE SPIRITUAL THEMES
WITH MICHAEL FISH AND HOW
THEY APPLY TO OUR DAILY LIVES.

Michael Fish is a member of the New Camaldoli Hermitage in Big Sur California. Michael has been given permission by his community to explore solitude and the way of the hermit in greater depth in an urban context. Although he returns to the Hermitage regularly, he currently lives in solitude while offering retreats on themes such as Contemplative Ways of Being, Discovering the Inner Monk, Spirituality of Thomas Merton, and the Spirituality of Journey.

When: May 27 and 28, 2016

Where: Hope Lutheran Church
2830 May Road, El Sobrante, CA

Time: Friday, 5/27 Registration at 6:30 pm
Retreat from 7:00 p.m to 9 p.m.
5/28. 9:30 a.m. to 3:30 p.m.

Donation: \$35.00 (No one turned down for lack of funds)

RSVP Required: Limited seating.

Rsvp to Sharon Iatridis by email at 2sai1621@gmail.com or by phone at 925-943-3190