

Contemplative Outreach



“SILENT SATURDAYS 2017”

Hosted by the St. Perpetua Centering Prayer Group in the

ST. PERPETUA CHAPEL

Generally every third Saturday of each month - 9:00 - 10:45 a.m.

Please note the specific dates below!

Please join us for a peaceful morning of contemplation.

Our format will include meditative walks, readings, 2-3 Centering Prayer sits, ending with prayer. We will enter and depart in silence.

JAN 21	FEB 18	MAR 18	APRIL 15	MAY 20	JUNE 17
JULY 15	AUG 19	SEPT 16	OCT 21	NOV 18	DEC - NO

Directions to St. Perpetua Church:

From Walnut Creek:

Take the exit toward CENTRAL LAFAYETTE / MORAGA (0.34 miles)
At end of exit turn RIGHT onto DEER HILL RD. (0.05 miles)
Turn SLIGHT RIGHT onto 1ST ST. (0.25 miles)
Turn RIGHT onto MT DIABLO BLVD. (0.13 miles)
Turn LEFT onto MORAGA RD. (0.64 miles)
Turn LEFT onto HAMLIN RD. (0.32 miles)
End at 3454 Hamlin Rd, Lafayette. (On the right will be the entrance to St. Perpetua School and Church)
But do not turn into the lower lot. Continue up the hill beyond the school. Turn left into the UPPER PARKING LOT.
Parish offices will be on the left, and the CHAPEL and rectory will be straight ahead.

From Oakland:

From E-BOUND Hwy 24, take the OAK HILL RD. exit toward CENTRAL LAFAYETTE/MORAGA.
At end of exit turn RIGHT onto OAK HILL RD.
First LEFT on Mt. Diablo Blvd. (.09 miles)
Turn RIGHT onto MORAGA RD. (0.6 miles)
Turn LEFT onto HAMLIN RD. (0.4 miles)
End at St. Perpetua Catholic Church, 3454 Hamlin Rd., Lafayette. Following remaining directions above.

Contact: Helen McKennon - (415) 385-7264 mckennonh@gmail.com